

Validation of a Novel Method Based on Immunoturbidimetry for Determination of Gluten in Food and Beverage Matrices

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Introduction

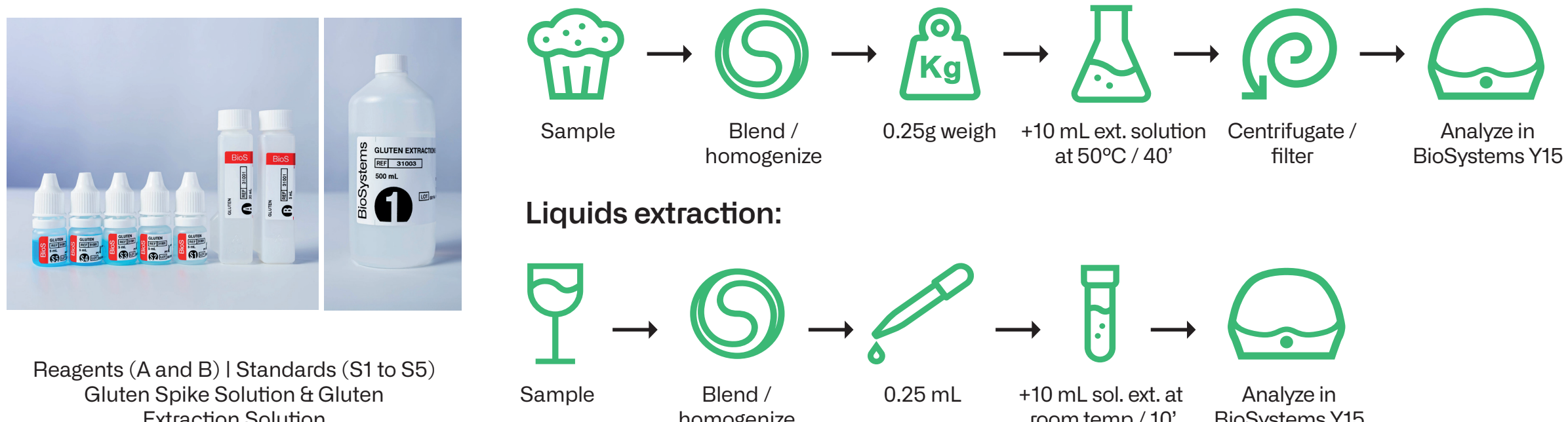
Gluten-related disorders are the most common food intolerances which can affect up to 1% of the population. They come along with serious damage of the mucosa in the small intestine caused by the storage proteins—called “gluten”—of wheat, barley, and rye. Sensitive individuals need to stick to a strict gluten-free diet, so the correct quantification and food labeling are crucial. There are different analysis methods commercially available to determine the presence of gluten, being the lateral-flow assays and ELISA the most used. Both are based on the

Technical Basis

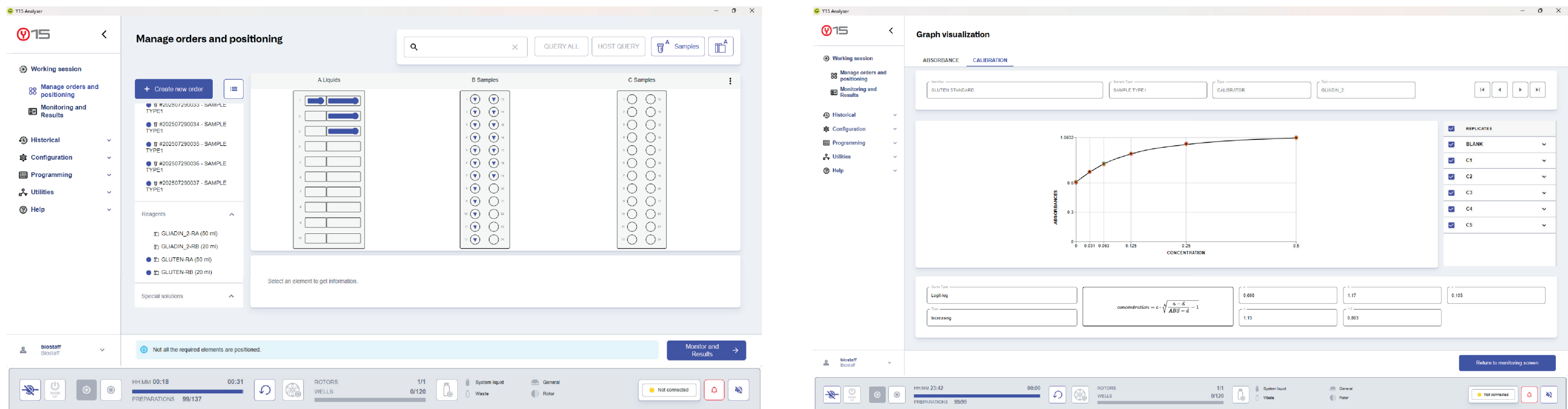
The BioSystems Gluten method represents a significant advancement over existing gluten quantification methodologies by employing an alternative antigen–antibody interaction approach based on immunoturbidimetry, integrated into a fully automated analytical platform. This method utilizes nanoparticle–conjugated (specific for the 33-mer fragment of gliadin) suspended in a liquid reagent that agglutinates in the presence of gluten, forming a network detectable via photometric measurement.

The system automates reaction steps—reagent and sample pipetting, incubation, and reading—within a single rotor-based incubation phase, which reduces errors during the execution of the analysis and allows obtaining results directly in mg/kg (mg/L) of gluten in 10 minutes (first result and subsequent results every 48 seconds). No washing steps or frequent calibrations are needed.

Kit components



BioSystems Y15 Analyzer

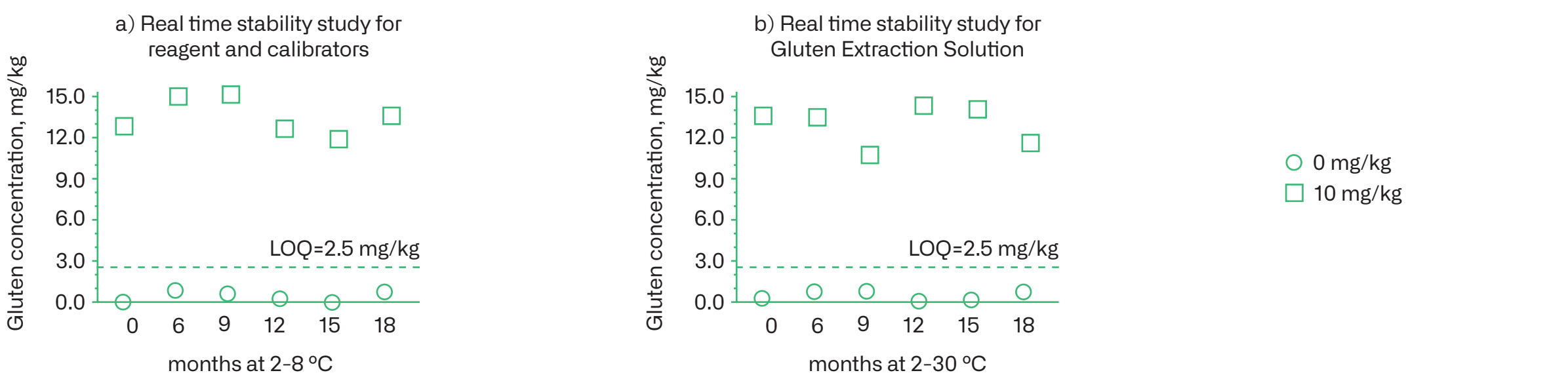


Schematics of the BioSystems Y15 Analyzer software for gluten analysis.

Stability Studies

Real time stability study

The real time stability study was conducted using five blank test portions (corn flour) and five test portions of corn flour artificially contaminated with wheat flour at 10 mg/kg. For the study, reagents/calibrators and extraction solution aged in real time for 6, 9, 12, 15, and 18 months were used. In total, four different lots of reagent and standards, and three different lots of Gluten Extraction Solution, were tested throughout the study.



Gluten stability in the extracted sample

Gluten stability in extracted sample study was conducted using two matrices with known gluten concentrations. The resulting extracts were stored at room temperature (20–22 °C) and the gluten concentration was analyzed up to 11 days.

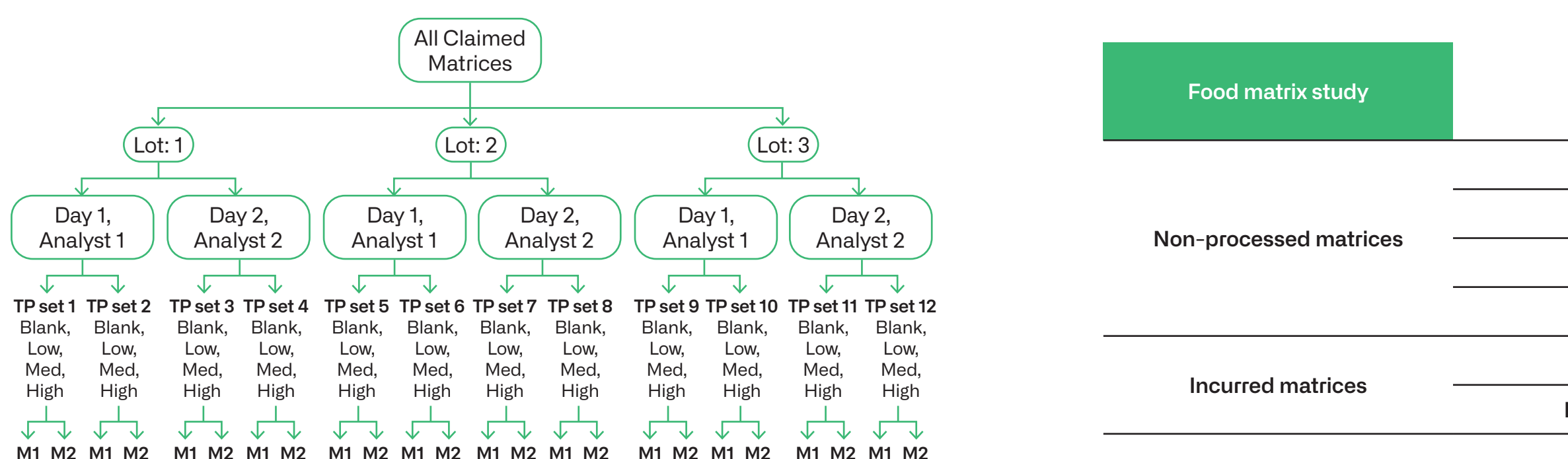
The obtained results showed that the sample extract remains stable at room temperature (20–22 °C) when stored in a sealed tube with a screw cap for at least 8 days, with no deviations exceeding 15%.

Method Validation

The method was validated according to new AOAC Guidelines for Quantitative Gluten Methods (2024) [1], using non-processed and incurred matrices artificially contaminated with gluten from wheat, barley, and rye, at concentrations from 0 to 30 mg/kg gluten. The studies were performed

Food Matrix Study

For each matrix and contamination level, twelve aliquots of each sample were weighed into screw-capped tubes, as described in the package insert. All replicates were blindly coded and randomized. The data collection approach was carried out with two analysts over two days using



The data obtained from this study were used to determine the intermediate precision, repeatability, recovery and product consistency. The data were also used for limit of detection (LOD) and limit of quantification (LOQ) estimation of the BioSystems Gluten test method.

Precision statistics were calculated based on the nested design of the Guidelines for Validation of Quantitative Gluten Methods (Annex D). The factors, in order of nesting, were Lot, Day/Analyst

BioSystems Gluten Results for non-processed matrices										
Matrix	Contaminant	Target contamination level, mg/kg	Mean (n=20) mg/kg	Recovery (%)	Bias mg/kg	S, mg/kg	RSD, (%)	S, mg/kg	RSD, (%)	
Corn flour	Wheat flour	0	0.242	-	0.242	0.15	63.2	0.16	64.9	
		5	4.89	97.9	-0.11	0.79	16.1	0.85	17.3	
		10	10.7	106.8	0.684	1.90	17.6	1.93	17.9	
		20	19.5	97.7	-0.469	2.00	10.3	2.19	11.2	
Corn flour	Barley flour	0	0.117	-	0.117	0.15	128.9	0.17	142.8	
		5	5.11	102.1	0.107	1.04	19.9	1.04	19.9	
		10	11.7	117	1.701	2.12	18.1	2.12	18.1	
		20	22.3	111.7	2.33	2.42	10.8	2.88	12.9	
Corn flour (a)	Barley flour	0	1.82	-	1.82	0.14	7.6	2.14	117.6	
		5	7.70	154	2.70	1.22	15.9	1.66	21.5	
		10	15.7	157.2	5.72	4.48	26.5	5.40	34.4	
		20	34.5	172.9	14.9	9.50	27.9	11.65	33.7	
Corn flour	Rye flour	0	0.315	-	0.315	0.19	59.7	0.20	64.1	
		5	10.1	202.4	5.12	0.46	4.58	1.26	12.5	
		10	21.7	216.7	11.7	2.23	10.4	2.44	11.4	
		20	45.1	225.6	25.1	3.02	6.69	4.28	9.49	
Rice flour	Wheat flour	0	1.58	-	1.58	0.13	8.27	0.14	9.19	
		5	8.01	160.2	3.01	0.47	5.91	0.58	7.20	
		10	12.05	120.5	2.05	1.17	9.66	1.65	13.7	
		20	20.7	103.5	0.733	2.21	10.7	2.26	10.9	
Wine	Wheat flour	0	0.163	-	0.163	0.09	57.9	0.11	66.6	
		5	5.006	100.1	0.006	0.16	3.15	0.29	5.76	
		10	9.61	96.1	-0.386	0.39	4.08	0.42	4.39	
		20	20.5	102.5	0.504	0.74	3.61	1.18	5.77	
Sausage	Wheat flour	0	0.237	-	0.237	0.10	41.2	0.17	71.3	
		5	5.01	100.2	0.009	0.39	7.82	0.51	10.3	
		10	11.8	118.5	1.85	1.08	9.15	1.95	16.5	
		20	20.4	101.9	0.375	1.74	8.54	1.60	8.82	
Sausage	Barley flour	0	0.237	-	0.237	0.10	41.2	0.17	71.3	
		5	5.01	100.2	0.009	0.39	7.82	0.51	10.3	
		10	11.3	113	1.305	1.22	10.8	1.34	11.9	
		20	23.1	115.5	3.104	2.33	10.1	2.33	10.1	

(a) conducted by the independent laboratory

Gluten Spike Solution Food Matrix Study

A complementary assay for food matrix validation was performed by fortifying a different group of matrices using the Gluten Spike Solution. This group of samples included:

- A processed meat product (cold cut)
- An alcoholic beverage rich in polyphenols (red wine)
- Bakery products (cookies)
- A powdered product with high polyphenol content (instant cocoa)
- A dairy product (curd)

The samples were fortified with the appropriate volume of Gluten Spike Solution to achieve target concentrations of 2.5, 5, 10, and 20 mg/kg of gluten.

The results demonstrate accurate outcomes for each studied attribute, with no significant matrix interference, and recovery rates ranging from 86–130%.

The RSDr values (1.4% - 8.3%), are lower than those observed with processed and non-processed samples, indicating that sample homogeneity is better when using a liquid solution like the Gluten Spike Solution compared to mixing a solid gluten source.

Quality Controls, Reference and Proficiency Testing Material Study

Quality control and reference materials from FAPAS and proficiency test samples from DLA, were used for the quantitative detection of gluten. The samples were prepared following the instructions provided by the respective reference material suppliers and analyzed by different technicians on separate days, in accordance with the BioSystems Gluten method protocol.

Table provides detailed information on the sample type, matrix, number of participants, assigned value, and the results obtained by BioSystems, including the measured gluten concentration (mg/kg), bias from the assigned value, and recovery rate (%).

The results obtained fell within the acceptance range established by the provider, with recovery rates ranging from 63% to 148% compared to AOAC OMA 2012.01, thereby meeting the criteria set by AOAC.

Additionally, the results obtained with FAPAS and DLA reference materials showed an accuracy between 76% and 103% relative to the assigned values, demonstrating the good accuracy and overall performance of the BioSystems Gluten method.

mostly by the method developer, while the Independent laboratory performed the study for the rice cookies incurred with wheat, barley and rye.

three BioSystems Gluten lots. Each test portion was analyzed in duplicate following the design 2b described in the Guidelines.

Food matrix study	matrix	Gluten contaminant source			Target contamination level
		Wheat flour	Barley flour	Rye flour	
Non-processed matrices	Corn flour	✓	✓	✓	0, 5, 10, 20 mg/kg gluten
	Rice flour	✓	✓	✓	
	Sausage	✓	✓	✓	
	Wine	✓	✓	✓	
Incurred matrices	Combread	✓	✓	✓	0, 10, 20, 30 mg/kg gluten
	Rice cookies	✓	✓	✓	

(confounded), and Test Portion/Extraction. Statistics were calculated using R and RStudio software with the VCA package available in R-CRAN. Intermediate precision, LOD and LOQ were calculated following the Guidelines.

BioSystems Gluten Results for incurred matrices										
Matrix	Contaminant	Target contamination level, mg/kg	Mean (n=20) mg/kg	Recovery (%)	Bias mg/kg	S, mg/kg	RSD, (%)	S, mg/kg	RSD, (%)	
Rice cookies	Wheat flour	0	0.184	-	0.18	0.03	19.1	0.18	98.9	
		10	9.27	92.7	-0.73	0.69	7.46	1.15	12.4	
		20	19.2	96.0	-0.61	1.20	6.77	2.54	13.2	
		30	26.0	86.7	-4.00	0.96	3.70	2.35	9.03	
Rice cookies (a)	Wheat flour	0	0.380	-	0.38	0.22	56.5	0.28	74.3	
		10	13.5	134.5	3.45	0.74	5.50	1.1	8.40	
		20	24.7	123.4	4.67	2.38	9.70	2.96	12.0	
		30	37.3	124.2	7.25	2.66	7.10	6.65	17.9	
Rice cookies	Barley flour	0	0.460	-	0.46	0.24	52.0	0.41	90.3	
		10	9.02	90.2	-0.98	0.67	7.48	1.72	19.0	
		20	21.3	106.5	1.30	4.47	21.0	5.35	25.1	
		30	49.3	164.2	16.3	3.37	6.80	6.32	12.8	
Rice cookies (a)	Barley flour	0	0.340	-	0.34	0.20	57.6	0.22	63.5	
		10	15.6	155.5	5.55	0.84	5.40	2.23	14.3	
		20	33.4	167.1	13.4	5.00	15.0	5.57	18.7	
		30	45.1	164.2	19.3	3.37	6.80	6.32	12.8	
Rice cookies	Rye flour	0	0.550	-	0.55	0.35	32.4	0.23	42.1	
		10	14.9	149.4	4.94	1.05	7.02	1.59	10.6	
		20	31.4	156.9	11.4	3.09	9.83	3.99	12.7	
		30	55.7	185.7	25.71	3.36	6.03	3.83	6.9	
Rice cookies (a)	Rye flour	0	0.440	-	0.44	0.21	49.1	0.36	91.9	
		10	17.4	174.3	74.3	0.80	4.60	2.71	15.5	
		20	42.2	210.9	22.2	3.01	7.10	5.64	13.4	
		30	56.1	187.1	26.1	8.37	14.9	9.48	16.9	
Combread	Wheat flour	0	0.380	-	0.38	0.11	29.2	0.23	60.7	
		5	11.1	114	1.4	1.13	10.1	1.29	11.5	
		20	17.3	86.5	-2.69	0.82	4.84	2.12	12.4	
		30	30.6	102.1	0.62	1.47	4.81	1.72	5.61	

(a) conducted by the independent laboratory

An overall estimate of LOD and LOQ was made considering all results obtained by both the developer and the independent laboratory across all matrices and contamination levels, resulting in a LOD of 1.21 mg/kg gluten and an LOQ of 2.40 mg/kg gluten, supporting the LOQ of 2.5 mg/kg of gluten claimed for this method.

Gluten source	Blank matrix	Gluten level mg/kg	Mean (n=5) mg/kg	Recovery (%)	Bias mg/kg	S, mg/kg	RSD, (%)
Cold cut		0	0.292	-	0.29	0.05	-
		2.5	2.77	99.1	0.27	0.10	3.7
		5	5.06	98.4	0.06	0.23	4.6
		10	11.4	111.5	1.44	0.58	5.0
Instant Cocoa Powder		0	0.100	-	0.100	0.16	-
		2.5	2.26	90.4	-0.24	0.15	4.5
		5	4.47	87.4	-0.530	0.32	7.1
		10	8.75	86.5	-1.250	0.31	3.6
Gluten Spike Solution	Cookies	0	0.143	-	0.14	0.06	-
		2.5	2.50	94.1	0.00	0.10	4.1
		5	4.71	91.4	-0.29	0.06	1.4
		10	10.1	99.3	0.08	0.20	2.0
Curd		0	0.139	-	0.139	0.06	-
		2.5	2.68	101.6	0.182	0.13	4.8
		5	4.96	96.3	-0.042	0.07	1.4
		10	10.6	104.5	0.590	0.43	4.1
Red wine		0	0.139	-	0.139	0.06	-
		2.5	2.68	101.6	0.182	0.13	4.8
		5	4.96	96.3	-0.042	0.07	1.4
		10	10.6	104.5	0.590	0.43	4.1

Material			AOAC OMA 2012.01			BioSystems Gluten Method		
FAPAS, Quality Control Material								
Reference sample	Matrix	Assigned value, Xa (range for lot 52)	N° of data points Xa	mean (n=5) mg/kg	Bias mg/kg	Bias (%)		
T27247BQC	Cake mix	19.9 (8.6 - 26.9)	100	12.10	-7.20	63		
T27250AQC	Oat based foodstuff	16.6 (8.3 - 24.9)	81	9.3	-7.3	110		
T27262QC	Cooked biscuit	76 (38.0 - 114.0)	79	90.2	14.2	119		
T27284BQC	Infant soya formula	24.8 (12.4 - 37.2)	52	36.8	12.00	148		
T27271AQC	Cake mix	39.2 (19.6 - 58.8)	68	38.2	-0.980	97		
T27275AQC	Cake mix	14.9 (7.5 - 22.4)	94	17.8	2.87	119		
T27301BQC	Cake mix	16.0 (8.0 - 24.0)	78	17.0	0.000	106		
T27302BQC	Cooked Biscuit	56.3 (30.0 - 84.5)	68	55.1	-1.22	96		
T27331AQC	Cake mix	13.9 (6.9 - 20.9)	88	16.6	2.70	108		
T27331BQC	Cake mix	6.53 (2.76 - 8.29)	46	4.07	-1.46	74		
FAPAS, Reference Material								
Reference sample	Matrix	Reference value (V) (U), mg/kg	N° of data points (V)	mean (n=5) mg/kg	Bias mg/kg	Bias (%)		
TG001FM	Cake mix	14 (1.7)	95	14.7	0.300	103		
TG002RM	Cake mix	28.8 (2.4)	103	28.00	-0.80	97		
DLA, Reference Material								
Reference sample	Matrix	Reference value (V) (U), mg/kg	N° of data points (V)	mean (n=5) mg/kg	Bias mg/kg	Bias (%)		
DLA ALM2 (2021)	Cocoa	0	0.0950	0.096	-	-		
	Cocoa biscuit + wheat flour	2	4	1.94	-0.06	97		
	Cocoa + wheat flour	10	10	8.39	-1.61	84		
	Cocoa + wheat flour	20	10	8.62	-1.185	91		
	Cocoa biscuit + wheat flour	90	10	39.1	-19.9	78		
	Cocoa biscuit + wheat flour	10	10	81.6	-18.4	82		